



Neuro-IFRAH® Organization  
 8910 University Center Lane suite 130  
 San Diego, CA 92122

Please Circulate to Physical and Occupational Therapy Departments  
 For Sponsoring Introductory, Intermediate, Certification or Advanced Courses  
 In your area, please call (858) 550-1455 or fax to (858) 550-5977

## NEURO-IFRAH® Certification Course in the Treatment and Management of Adults with Hemiplegia from a Stroke or Brain Injury

A Neuro-IFRAH®  
 Organization Approved  
 Course that includes basic  
 to advanced concepts of  
 the Neuro-Integrative  
 Functional Rehabilitation  
 And Habilitation  
 (Neuro-IFRAH®) approach  
 By Waleed Al-Oboudi

**Courses held at the  
 Neuro-IFRAH®  
 Clinic and  
 Education Institute  
 in Foster City , CA**  
 (San Francisco Area)

Please check website for dates  
[www.Neuro-IFRAH.org](http://www.Neuro-IFRAH.org)



Sponsored By:

**Neuro-IFRAH® Organization**

[www.NEURO-IFRAH.org](http://www.NEURO-IFRAH.org)

**Cost:** \$2800.00

Tuition Covers Parts I & II materials.  
 Full tuition due one month prior to the  
 starting date of each course.

### Course Instructor:

**Waleed Al-Oboudi, MOT,  
 OTR/L** is a therapist and educator in  
 the field of rehabilitation nationally  
 and internationally for over 30 years.  
 He is the originator of the Neuro-  
 IFRAH® approach and is known for  
 his concepts and clinical skills in the  
 treatment and management of  
 patients affected by a stroke or brain  
 injury. Many of his basic to advanced  
 concepts are copied as he was the  
 mentor of a number of known  
 educators for many years. He is the  
 originator of all his intermediate to  
 advanced concepts and  
 applications. He is also the originator  
 of the IFRAH® concepts and  
 applications for patients affected by  
 orthopedic conditions. Mr. Al-  
 Oboudi's Neuro-IFRAH® approach  
 includes a whole system of hands on  
 therapy, training equipment, and  
 orthotics that are taught by Neuro-  
 IFRAH® Instructors at top facilities  
 and are popular and effective courses  
 nationally and internationally. Mr. Al-  
 Oboudi's concepts and clinical skills  
 are self evident and aim to set a  
 standard of excellence in  
 rehabilitation as they have been  
 continuously demonstrated in live  
 national conferences, courses, and  
 teleconferences for over 25 years.

- 
- 
- 
- 
- 
- 
- 
- 
- 
- 

Assistant Instructor is available with class  
 sizes above 16 participants

### Location:

#### Neuro-IFRAH® Clinic and Education Institute

1241 E. Hillsdale blvd suite 250  
 Foster City, CA 94404  
 (San Francisco Area)  
 The Institute is 20-30 minutes from  
 the San Francisco airport

### Participant Requirements:

Licensed Occupational or Physical  
 Therapist, Licensed Occupational or  
 Physical Therapy assistants, (Interested  
 Physicians, Speech Pathologists, RNs and  
 Recreational Therapists please contact the  
 sponsor for other courses or special  
 permission for attending parts or all of this  
 course.)

### Course Description:

This 98 Hour certification course is  
 specifically designed for occupational  
 and physical therapists who work with  
 adults with hemiplegia from a stroke or  
 brain injury. The main emphasis in this  
 course is on assessment and  
 management in functional activities to  
 develop excellence in maximizing  
 functional outcomes throughout the  
 continuum of care. This course utilizes  
 an integrative whole person approach  
 with emphasis on restoring function and  
 making it functional for a return to  
 independent living and the resumption /  
 assumption of life roles. Challenges  
 encountered by therapists in meeting  
 their patient's needs throughout the  
 continuum of care, are addressed  
 throughout the course. The course  
 consists of lecture, laboratory practice,  
 demonstrations and patient treatment.  
 Individual attention by the instructors will  
 be provided to enhance participant's  
 observation, handling and problem  
 solving skills. This course includes the  
 practical application of current basic to  
 advanced concepts sequenced in a  
 creative manner to help all participants  
 meet the course objectives as well as  
 their individual objectives. Upon  
 successful completion of the course,  
 participants will be  
 Neuro-IFRAH Certified®.

## Course Objectives:

1. Identify the impact of the stroke / brain injury on the patient's life roles and the functional limitations interfering with his/her ability to resume / assume those roles.
2. Identify the primary & secondary impairments (movement & otherwise) underlying the functional limitations in various postures including function in upright posture.
3. Select functional activities that will assess the patient's functional limitations and underlying impairments in various postures including function in upright posture.
4. Identify concepts related to musculoskeletal biomechanics and function of the trunk, upper extremities, lower extremities, head/neck and overall body coordination.
5. Differentiate between normal and abnormal movement throughout the body in various postures and transitions in functional activities including activities in upright posture.
6. Identify concepts related to the impact of whole body alignment and control, as well as other mobility and control variables on respiration.
7. Identify missing components/processes necessary for interaction with the environment, effective learning and generalization of skills / carry over.
8. Develop a comprehensive treatment plan that will include preparation of mobility and control and facilitation of normal movement during functional activities in all postures, and ideas for carry over.
9. Develop strategies to facilitate the patients, increase awareness of the rehab process, improved self image and confidence, adaptation and planning / pacing skills.
10. Apply management strategies to help patients obtain missing components of movement throughout the body that are interfering with functioning at a higher level in all postures including function in upright posture.
11. Modify management strategies effectively based on the patient's response to maximize use of more normal and efficient movement patterns in functional activities.
12. Integrate concepts related to normal movement, musculoskeletal biomechanics and function, sensory, cognitive, communicative, perceptual motor and emotional considerations into activities of daily living and other functional activities.

## Application Neuro-IFRAH® Certification Course

Part I Dates: \_\_\_\_\_

Part II Dates: \_\_\_\_\_

Name: \_\_\_\_\_  
\_\_\_\_\_

Profession: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Zip code: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Professional School Attended: \_\_\_\_\_  
\_\_\_\_\_

Date Graduated: \_\_\_\_\_

Current Position: \_\_\_\_\_

Hours of direct patient treatment  
per week: \_\_\_\_\_

Other Responsibilities: \_\_\_\_\_  
\_\_\_\_\_

Type of Facility: \_\_\_\_\_

Number of years treating adults  
with hemiplegia \_\_\_\_\_

## Licensure Status/Malpractice Liability Insurance:

You are required to have malpractice liability insurance which will cover you during your participation in the course. If accepted you will be required to submit proof of current coverage. You must submit a copy of your current professional license/ registration with your application

## Optional Personal Statement Enclosed:

Yes \_\_\_ No \_\_\_

(Please see comments regarding optional personal statement under the Application Process)

## Do you want Hotel/Motel information to be forwarded to you?

Yes \_\_\_ No \_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Note: We reserve the right to cancel this course, if necessary. Tuition will be reimbursed in the event of sponsor or instructor cancellation.

Please make check payable to:

## Neuro-IFRAH Organization

and send it together with this application to:

Neuro-IFRAH Organization  
8910 University Center Lane  
suite 130  
San Diego, CA 92122  
Tel: (858)550-1455  
Fax: (858) 550-5977

## Application Process:

Send completed application to:  
Neuro-IFRAH® Organization  
8910 University Center Lane  
suite 130  
San Diego, CA 92122

Applicants who meet the stated requirements will be accepted in the order received

## Optional Personal Statement:

To individualize each participant's learning experience, applicants are encouraged to enclose a letter that states any specific objectives they would like to meet in taking this course. This will allow the instructors to extend all efforts to help the participants work towards meeting their objectives, as well as the stated course objectives.

## Evaluation Process:

Participants will be evaluated on their treatment/management planning and strategies following established criteria in accordance with stated course objectives. Feedback will be provided on an ongoing basis to facilitate a successful, supportive, growth oriented and individualized learning experience. Upon successful completion of the course, participants will be Neuro-IFRAH Certified® and will be eligible to take NEURO-IFRAH® Organization Advanced and Ultra Advanced courses.

For More Information Call:

Neuro-IFRAH® Organization  
Tel: (858)550-1455  
Fax: (858) 550-5977